

FACING THE FUTURE

2014 Paces for Faces Walk Family Picnic

Join us for the 18th annual FFC Walk and Family Picnic around Lake Quannapowitt in Wakefield, Mass., on Saturday, September 13, 2014. The event is a great opportunity to enjoy a fun-filled afternoon of kid-friendly activities and to connect with friends – old and new!

“Last year we had another successful year with turnout and fundraising surpassing our expectations!” said Ursula Costigan, Walk chair. “We are looking forward to another wonderful day with the FFC community and our supporters and are hoping to have 600 participants and have set a fundraising goal of \$50,000.”

Registration begins at 10:30 am and the Walk kicks off at noon, followed by lunch and activities. This year’s event will again take place outside on the Wakefield Commons, rain or shine.

This fundraising event supports the Foundation for Faces of Children’s ongoing efforts to provide information and programming for children and families affected by craniofacial differences. This includes funding the annual scholarship program, parent support, distribution of our videos, educational seminars, and other opportunities to enable FFC to fulfill its mission.

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FFC Celebrates Dotty MacDonald



Dotty with Dr. John B. Mulliken at her retirement celebration.

After years of love and dedication at BCH, Dotty MacDonald has retired. At this milestone in her life, Facing the Future asked Dotty to provide her comments to our readers:

May 3, 2014 was my last day of work after forty-five years at Boston Children’s Hospital.

This was a bittersweet moment for me because I am leaving behind a job that I loved.

Just like any other institution, there were challenging days at BCH, but every day was a new day and my day was never routine. There were sad times for sure but many more days that were gratifying. When there was a newborn in one of the NICUs, or a parent that was distraught over the diagnosis of their newborn, it was my job to help parents bond with their infant and watch their baby thrive. What a privilege it was to work with and for the parents and their children. This brought me such personal satisfaction. Now my legacy is the beautiful children with whom I have worked. I am so grateful we have touched each other’s lives and I will always love all my families.

I have had the opportunity to work with some of the most well-known physicians in the world! I am so proud to have been part of Dr. John Mulliken’s team! During all these years, I have seen many changes in the deliverance of health care and the innovations of new procedures.

In the Department of Plastic Surgery, we have such dedicated and innovative surgeons. The people who work in the department give 100% of their time and energy. I feel comfortable leaving behind some very dedicated nurses who will carry on the traditions.

On May 23, the Department of Plastic Surgery gave me an incredible retirement party that rivaled any event. I was humbled to learn that one of the conference rooms in the department was named after me! Wonderful words were spoken and lovely personal gifts received.

I will remain on the Board of Directors of the Foundation of Faces of Children and will be part of future events. The board has kindly named one of the annual scholarship awards after me!

At the end of my thank you speech at my retirement party, I quoted a poem by Robert Frost which I share with you here:

*My object in living is to unite
my avocation and my vocation
as my two eyes make one in sight.
Only where love and need are one,
and the work is play for mortal sake,
is the deed ever really done
for Heaven and the future’s sakes.*

For this I will always be grateful and for this I will always love you all.

With much love to all of you,
— Dotty MacDonald

Dotty is surrounded by a few of her many admirers at the FFC Scholarship Awards Night.



Congratulations to all of our
2014 Scholarship Award recipients!
“Meet” each of them on page 2.

2014 FFC Scholarship Awards Program

The Foundation for Faces of Children hosted a reception Friday, June 20 for the presentation of the 2014 FFC Scholarship Awards to five deserving young adults. Meet the recipients:

The Jane C. McDaid Memorial Scholarship

Awarded for strong community service.



Olivia Johnson, of Billerica, Mass., graduated from Arlington Catholic High School where she was active in sports, participating in spring and winter track and serving as captain of her soccer team. She was a member of her Spanish club and active in her campus ministry. She volunteered at her school as an Admissions

Open House tour guide and for her town's youth summer programs, in addition to holding a part-time job outside of school activities.

Olivia will attend Saint Anselm College this fall to study Communications with the hope of entering the field of public relations or working for a nonprofit organization. She wants to volunteer in bigger more meaningful ways in the future and hopes her efforts can make changes in the world.



Sage Ziemba, of Concord, Mass., graduated from Concord-Carlisle Regional High School where she was active in sports, participating in cross country, outdoor and indoor track and Nordic skiing. She was Director of publicity for Junior State of America, a political debating club; a member of Interact Club, helping with local and international community service

projects; and was chosen for the Harvard Leadership program. She volunteered extensively with Joint International Project to support a clean water project in Malawi and a clinic in Dominican Republic. She has also been involved with Child Quest International, Thoreau Road Race, Gaining Ground and the Red Cross. Last summer she traveled to LaPaz, Bolivia where she volunteered at a children's orphanage helping with translation, construction projects and fundraising.

Sage will attend the University of Colorado at Boulder this fall to study Sociology with the hope of attaining her Master's degree in sociology and becoming president of a nonprofit organization. She feels her volunteerism will always be an important aspect of her life. Her travel dreams include: seeing the Treasury in Petra, Jordan and visiting the Casa di Giulietta in Verona, Italy.

The Barbara Seltzer Memorial Scholarship

Awarded to a young adult with cleft lip/palate who will be pursuing a career in the arts.



Mark Powell, of New Boston, N.H., graduated from The Derryfield School in Manchester, N.H. He was active in sports, participating in golf and tennis, both with the distinction of captain. Mark served as editor and writer for his school newspaper, *The Lamplighter*. He enjoys theater and has been active in both musical and play productions including

“Rent” and “The Man Who Came to Dinner.” His volunteer efforts include working with Habitat for Humanity in North Carolina, to build homes for the underprivileged; volunteering locally at the community dinner and food pantry; as well as providing tech services at his local library.

Mark will attend the University of Utah this fall where he will study Entertainment Arts Engineering in the Computer Science Program. His dreams for the future are working at an animation studio such as Pixar or Dreamworks or a video game studio like EA or DICE.

The Dorothy MacDonald Scholarship

Awarded to a young adult pursuing a career in the health profession.



Beshoy Armanios, of Natick, Mass., graduated from Natick High School where he was active in sports -- basketball, football and baseball. He volunteered extensively through his church, visiting elderly in local nursing homes as well as working at his church's summer camp for elementary-age children. His most memorable volunteer activity was assisting children at the

annual Special Olympics this past year. Last summer, he was able to travel abroad to Egypt.

In the fall, Beshoy will attend Providence College in Providence, R.I., to study Biology and Neurology. His dream is to go into neurologic research in order to explore cures for disorders such as Parkinson's and Alzheimer's.

The Dr. John B. Mulliken Scholarship

Awarded to someone who demonstrates excellence in academic scholarship and leadership.



Cheryl Silveri, of Boston, Mass., graduated from University of Arkansas in 2009 where she majored in Biology and minored in Business. After initially working at the Match Charter Public School, she moved on to Development Guild, a consulting firm where she earned three promotions in the areas of organizational planning, fundraising management and executive search services. She has also established and

led a telepsychiatry startup, Incognito, Inc., in collaboration with McLean Hospital where they were awarded a million dollar NIH grant. In her spare time, she serves as co-president of her college Alumni group as well as a volunteer for the Foundation for Faces of Children's annual walk.

Cheryl will attend the Sloane School of Management at MIT in the fall. Her hopes for the future include: selling her healthcare company to GE and working in a career as a venture capitalist, investing in promising new medical device and biotech companies. Additionally, she hopes to continue to be a deep supporter of the FFC and advocate for those with craniofacial differences. ■

YOUR DONATION DOLLARS AT WORK



Save the Date!

Saturday, October 25, 2014
9:00 a.m. to 1:00 p.m.
Garden Conference Room
Boston Children's Hospital
300 Longwood Ave., Boston

Please join us as for an educational program for parents, children and young adults affected by a craniofacial difference. Hosted by the Foundation for Faces of Children, the event will feature a lecture by **Dr. Elisa Bronfman, PhD**, Psychologist at Boston Children's Hospital, followed by break-out sessions. A light lunch will be provided. Although content will be most appropriate for children 10 years and older, all parents are invited and encouraged to attend this workshop.

Issues to be addressed may include bullying, staring, promoting positive self-esteem, coping with anxiety and dealing with social situations at school or in your community, promoting a positive identity and good mental health.

To better support your needs and to make the program as meaningful as possible for participants, we welcome suggested topics for discussion or concerns you would like to have covered during the session. Please email your ideas to: programs@facesofchildren.org.



This August, FFC will once again participate in the New Balance Falmouth Road Race, raising funds to support the ongoing efforts of FFC, including our scholarship program, parent support groups, workshops/seminars and distribution of our videos. FFC has a team of 10 runners who will join upwards of 11,000 runners in Woods Hole for the event, including many who are running for a cause. "Last year, FFC's team of eight raised closed to \$9K and this year, we hope to surpass our team goal of \$10K." says Kate Clark, this year's Team Captain, and mother of a 4 1/2-year-old son who is cleft affected. Kate continued, "I had such fun running last year and am once again honored to participate this year while raising money for a cause so close to my heart." Although our team is full, you can support them by visiting www.facesofchildren.org. Click on "Make a Donation Today" and choose "Falmouth Road Race" from the dropdown menu to make a donation through PayPal. Or go to www.firstgiving.com/FFC/team2014 to donate to a specific team member. 📧



FFC recently sponsored two baseball events for Foundation families. Eleven FFC families attended the Pawtucket Red Sox game against the Scranton/Wilkes-Barre RailRiders at McCoy Stadium in Pawtucket, Rhode Island. And six families joined us for the Lowell Spinners game against the Vermont Lake Monsters at LeLacheur Park in Lowell, Mass. Both days were picture perfect. Hope you will plan to join us next year!

Ongoing Support from the Pros



Three generations of the Parks family came together in support of FFC: Madison, pictured with dad John Parks (left) and grandfather David Parks who both skated in the Crunch Classic.

In March, the Syracuse Crunch hockey team took to the ice for their annual "Crunch Classic" hockey game, raising \$1,850 for the Foundation for Faces of Children. The event was once again organized by John and Teri Parks along with their 10-year-old daughter Madison who was born with unilateral craniosynostosis. An avid Crunch fan, Madison attends the games regularly with her family and also plays hockey herself. She started skating at the age of two.

The Syracuse Crunch hockey team is the American Hockey League affiliate of the Tampa Bay Lightning and the Crunch Classic remains a fixture on their annual schedule, drawing former players, friends and fans. Over the past 9 years, the event has collected more than \$10,000 in support of the ongoing work of the Foundation. FFC is deeply grateful to the Parks family and the Syracuse Crunch for dedicating their time and athletic skills to further our mission to educate families and medical professionals about craniofacial conditions. Their generous effort benefits families in need of information, support and networking opportunities. 📧

PACES FOR FACES 2014, continued from page 1

The Walk continues to be an opportunity for families to meet new members and old friends. "This is the fifth year my family will be participating in the Walk and the fourth year being

involved with the planning efforts. The



Walk provides such a great opportunity to meet and connect with other families and share experiences. It has become a tradition for our family" explains Costigan. "We come back each year as we enjoy meeting new families

and want to continue to support the FFC, and their families, which have been such an important resource for our family."

Get Involved

STEP 1: Form a team. Invite family, friends and co-workers to do the walk with you. The more, the merrier! Individual walkers are welcome, too!

STEP 2: Sign up. To register, go to www.crowdrise.com/PacesforFaces2014.

STEP 3: Fundraise. Create your own fundraising page through the Paces for Faces registration page on Crowdrise. Once you create your page, it's easy to ask family and friends to support your efforts! You can email the link, share it on your Facebook page, or tweet it to all of your followers! Or if you prefer, download and print sponsor sheets by visiting www.pacesforfaces.com.

Bring completed sponsor sheets to the walk along with collected pledges.

STEP 4: Check in and walk. Check in and walk. Meet on the common by the First Parish Congregational Church at 1 Church St, Wakefield, Mass. Free parking is available on the street. The Walk kicks off at noon!

STEP 5: Join us for lunch and a chance to win prizes. After the Walk, refuel with a hearty picnic lunch; participate in kid-friendly activities; and take part in our annual raffle. FFC merchandise will also be available for purchase.

For up-to-date information about the Walk, please visit www.pacesforfaces.com. 📧

Welcome Olivia!



Dotty MacDonald and Olivia Beaudouin, RN, who will serve as FFC's liaison at the Craniofacial Clinic at Boston Children's Hospital.

Although saying good-bye to Dotty MacDonald is difficult, the FFC is happy to welcome Olivia Beaudouin to fill her shoes in the Cleft Lip/Palate and Craniofacial Clinics at Boston Children's Hospital. Olivia attended Northeastern University where she graduated with her Bachelors of Science in Nursing. During her second year of nursing school, Olivia met Dotty when she interned in the Plastic Surgery Department. Shortly after graduation, Olivia returned to Boston Children's Hospital in a full-time position and found her niche in the cleft lip/palate clinic where Dotty quickly became Olivia's mentor. She has been seen by patients alongside Dotty in the cleft clinic for several years now and, in fact, is featured in FFC's new feeding video. Recently, Boston Children's Hospital recognized Olivia for 5 years of service.

In April, Olivia became a member of the Board of Directors for the Foundation for Faces of Children, and said "I look forward to continuing Dotty's incredible work with the cleft lip/palate and craniofacial populations and to serving as a liaison between the Boston Children's clinic and the FFC!"

Olivia and her fiancé (whom she met while attending college in Boston) are planning a summer wedding. Feel free to introduce yourself and wish her well when you see Olivia in the clinic in the coming months. 📧



FOUNDATION FOR Faces of Children

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Connect Online

The Foundation for Faces of Children is dedicated to improving the lives of children with craniofacial differences, including cleft lip, cleft palate, and other head and facial conditions.

Our mission is to:

- Provide patients and families with the most accurate, up-to-date, and accessible information about facial differences.
- Advocate for the best care possible for children with facial differences.

We achieve this by:

- Collaborating with leading specialists.
- Endorsing the team approach to care.
- Partnering with individuals and organizations with similar goals.

We are a not-for-profit organization entirely supported by private donations, grants, and fund-raising initiatives. Please contact us if you would like to participate in or sponsor a fundraising event.

Board of Directors

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