

Consider serving on FFC's Board of Directors

The Board of Directors of the Foundation for Faces of Children is looking for volunteers to join our ranks. We are excited to welcome individuals with new ideas and the energy to help us achieve our vision to assist both parents and patients with their journey.

In addition to general board members, we are seeking a Treasurer with financial skills and a working knowledge of software such as Quickbooks®.

If you or someone you know can bring creative ideas and roll up your sleeves to assist families and individuals dealing with craniofacial differences, please email info@facesofchildren.org.



FACING THE FUTURE

Sunday, September 29, 2019

2019 Paces for Faces Walk Family Picnic

Please join us for the 23rd annual Walk and Family Picnic around Lake Quannapowitt in Wakefield, Mass., on Sunday, September 29, 2019.

The event will again take place outside on the Wakefield Commons in the big tent, rain or shine. We always have a great time.

Registration begins at 10:30 am, then the Walk kicks off at noon, followed by lunch. Fun kid-friendly activities will be available throughout the day. And there will be a large selection of raffle items available as well. The Walk is a short 3-mile stroll around a beautiful lake. The family picnic is a great opportunity to meet new friends or reconnect with old ones while enjoying activities or over lunch.

"Looking forward to seeing you all there!"

– *Olivia Oppel,*
2019 Walk Chair

Proceeds from this fundraising event support the Foundation for Faces of Children's ongoing efforts to provide information and programming for children

and families affected by craniofacial differences. Some of the programs include: the annual scholarship awards (totaling \$20,000), parent support, production and distribution of helpful videos, educational seminars and workshops, and other opportunities to enable FFC to fulfill its mission.

The Walk continues to be an opportunity for families to network and meet new friends. All are encouraged to register and bring their entire family for a day of fun and raising awareness. ■

Get Involved! Just follow these five steps to be part of FFC's 2019 Paces for Faces Walk:

STEP 1: Form a team. Invite family, friends and co-workers to walk with you. The more, the merrier! Individual walkers are welcome, too!

STEP 2: Sign up. To register, visit crowdrise.com/paces-for-faces-2019 where you'll find a link to set up a fundraising page.

STEP 3: Fundraise. Create a fundraising page, then ask family and friends to support your efforts! Email the link, share it on Facebook, or tweet it to all of your followers! Or, download and print sponsor sheets from the website. Bring the completed sponsor sheets along with collected pledges to the walk.

STEP 4: Check in and walk. Meet on the common by the First Parish Congregational Church at 1 Church St., Wakefield, Mass. We're not allowed to use the church parking lot, but free parking is available on the street.

STEP 5: Join us for lunch and activities following the walk. Refuel with a hearty picnic lunch; participate in kid-friendly activities; and take part in our raffle. FFC merchandise will be available for purchase.

For up-to-date Walk information, please visit facesofchildren.org/pacesforfaces.

If you would like to volunteer to help with setup, registration, children's activities, photography or clean up during the event, please email walk@facesofchildren.org

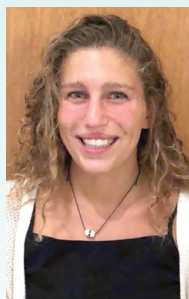


2019 FFC Scholarship Awards Program

The Foundation for Faces of Children hosted an event Sunday, June 23 at the Embassy Suites, Waltham, Massachusetts, to award our 2019 scholarships to four deserving young adults. Meet this year's recipients:

The Dr. John B. Mulliken Scholarship

Awarded to an applicant who demonstrates excellence in academic scholarship and leadership. This scholarship honors Dr. Mulliken for his decades of expert care for our children.



Samantha Berman from Lexington, Mass., graduated from Tufts University in May 2018 with a degree in Biology and Environmental science. Sammy has had a wide variety of experiences including a paid internship for the Boston EPA, a job as an open-water scuba instructor in St. Martin, and working as a financial research and marketing intern for a program funded by the Massachusetts Clean Energy Center.

She is currently a Fullbright Scholar at the University of Bristol in the United Kingdom. Her expected graduation with a Master's of Science in Public Health is December of 2019. Sammy's dissertation topic is evaluating the psychosocial impacts of cleft lip and/or palate and identifying timely opportunities for enhanced psychological care.

The Dorothy MacDonald Scholarship

Awarded to a young adult pursuing a career in a health profession. This scholarship honors our own Dotty MacDonald who spent the bulk of her nursing career assisting Dr Mulliken in the care of our kids at BCH's Cleft and Craniofacial Center.



Sydney Cerveney from Winchester, Mass., graduated from Austin Preparatory High School. She was active in the National and Spanish Honor societies and a member of Austin Prep newspaper, serving as its Director. She also participated in Academic Training, Retreat leader and APS Media. Sydney volunteered with numerous local

and community organizations: St. Charles after-school program, TOPsoccer for children with disabilities, Rosie's Place Shelter and the Foundation for Faces of Children's annual Walk.

Sydney will be attending American University in Washington, D.C. where she will major in Neuroscience. In ten years, Sydney hopes to be completing her doctoral studies in neuroscience and participating in research.

The Jane C. McDaid Memorial Scholarship

Awarded for strong community service, this scholarship honors the memory of the community-minded FFC president, Jane McDaid.



Breann Hill is from Centerville, Massachusetts and graduated from Barnstable High School. She was active in National Honor Society, and her local parish teaching and mentoring younger students. She also received the Craigville Tennis Club sportsmanship Award. She has been very active in her community through her work at Our Lady of Victory

church as well as the Centerville Civic Association. Breann has also served as a cleft lip/palate mentor supporting children and families through the Children's Hospital Craniofacial Clinic.

Breann will be attending St John's University in New York where she will be pursuing a degree in criminal justice with a minor in forensics. In ten years, she hopes to have also obtained her Master's degree and work within a police department. Her ultimate goal is to pursue a position with the Federal Board of Investigators in counter-terrorism or intelligence analysis.

The Barbara Seltzer Memorial Scholarship

Awarded to a young adult with cleft lip/palate who was active in the arts or who will be pursuing a career in the arts. This scholarship is named for Barbara Seltzer, a former president of Prescription Parents, who was very involved in the Cleft community.



Carolyn Bradley from East Sandwich, Mass., graduated from Sandwich High School. She was active in Sandwich High School's Theatre Company and Choir as well as St John Paul II High School Concert Choir and Theatre Company. She has toured schools in NYC, sang at a film-recorded Mass and asked to sing at the UN. Carolyn has also been in multiple Theatre performances such as: "Newsies," "Lord of the

Flies," and "Beauty and the Beast." Her community service includes: Otis Civilian Advisory Council, American Stroke Association, Cape Abilities Farm, Salvation Army and the Foundation for Faces of Children.

Carolyn will be attending Providence College in Providence, Rhode Island. In ten years she hopes to be working in the theatre world in any aspect, whether it be on stage performing or backstage running the show behind the scenes.

Please join us for these upcoming FREE programs! Visit facesofchildren.org/events for more details or email programs@facesofchildren.org to register and reserve your spot.

Sunday, July 21	1:05 pm	Pawtucket Red Sox Game	McCoy Stadium, Pawtucket, Rhode Island
Sunday, August 18	5:05 pm	Lowell Spinners Game	LeLacheur Park, Lowell, Mass.
Sunday, September 29	10:30 am	Paces for Faces Walk & Family Picnic	Lake Quannapowitt, Wakefield, Mass.
Saturday, November 2	10:00 am	Making Faces with Michael Williams-Stark	Embassy Suites, Waltham, Mass.

Lessons Learned III

On May 11, 2019 at the Embassy Suites in Waltham, FFC sponsored its third “Lessons Learned” event for parents and caregivers of children with Cleft lip/palate and facial differences.

Guest speaker was Dr. Elisa Bronfman, a BCH psychologist for the past twelve years with a special interest in our patient population. In addition to the 27 attendees, we were pleased to welcome BCH Plastic Surgery’s new part-time social worker, Chelsea Reddin, MSW, LICSW, and Child Life Specialist, Robyn Snyder. Both Boston Children’s Hospital staff members described their roles and involvement with our patient population.

“ I didn’t realize how much I needed to talk to other parents.”

Dr. Bronfman discussed many psychosocial issues that parents and children experience. She pointed out that self-esteem and being bullied is part of every child’s development. Time was allotted for an open discussion of questions or issues not covered in Dr. Bronfman’s lecture. Executive VP, Ann-Marie Rogers, said, “It’s so rewarding to see parents helping parents and being reminded that we are not alone in this journey.”

“ A great session, lots of information to consider.”

A special thanks to Priscilla Coffin, who made this program possible by her generous donation. Prilla, a founding member of FFC, served as a BCH Volunteer in the role of Patient/Parent Advocate at the Cleft and Craniofacial Center. Her son, Benjamin, was cared for at BCH 40 years ago.

Each participant left the event with a Mother’s Day rose. 🌹

Dr. Bronfman’s lecture from this event may be viewed on the FFC website under “For Patients and Families>Videos.”



Dr. Bronfman (center) with members of the FFC board and participating parents.

The 2019 Crunch Classic



A big THANK YOU to the Parks family and the Syracuse Crunch Hockey Association for their continued support of FFC!

The Crunch Classic charity game has been held annually for 14 years in honor of Madison Parks, who was diagnosed with Unilateral Craniosynostosis as an infant. Now 15 years old, Madison enjoys participating in the event every year with her family and friends.

The Foundation is grateful for the hard work and dedication of the Syracuse Crunch Hockey Association and the Parks family, the organizers of the annual event. To date, the Crunch Classic has raised over \$18,000 for FFC so the Foundation can further its mission to help families with craniofacial differences. 🌟



The Parks family: Madison, John (game goalie) Teri, and Gavin.

Best of luck next season to the Syracuse Crunch!

FFC On the Court with the ‘Trotters



April 7 was a beautiful Spring day in central Massachusetts as 31 of us journeyed to the University of Massachusetts, Amherst campus to enjoy and participate in a Harlem Globetrotters performance. During pre-game warm-up, FFC kids and parents took to the court, taking photos, getting autographs and generally talking, interacting and playing

basketball with the Globetrotters. When the game started, the FFC group sat together, cheered for the ‘Trotters, socialized and networked. Those in attendance will attest to how easy it was to strike up friendships with others in the group, and all appreciated the leadership of our own Kara Jackman. With “Sweet Georgia Brown” playing in our hearts and from our lips, a great and fun afternoon was had by all. 🌟



FFC Sponsors Empowerment Session

Danielle Craig, Adjunct Professor at Ramapo College, William Peterson University and Fairleigh Dickinson University offered empowerment sessions sponsored by FFC for elementary and middle school students. Her program works to inspire children while building self-esteem and promoting positive body image. She noted that body image is strongly connected to self-identity at this age and needs to be nurtured for a positive self-esteem. Her goal for the session was to empower participants and promote positive self-image. She initiated a discussion regarding how social media can foster unrealistic goals and cause negative body-related self-beliefs.

The session integrated guided discussions (to process personal experiences and thoughts with peers), participation in activities such as reading stories and inspirational poetry to form a common positive connection, writing letters and designing vision boards. Each piece of the program fit together to inspire kids to learn important life lessons. Each child offered first-hand accounts of bullying they either experienced or witnessed. With Danielle's guided reflection, they dissected various pieces of these incidents to envision how they could have changed or improved the experience for themselves if they were put in that position again.

The children in each session quickly supported their peers, offering ideas or providing a kind word. It was amazing to watch how these children were able to connect with one another as well

as with Danielle, the instructor. Two sessions were offered, one for elementary school children and the other for middle school ages. Each lasted an hour and a half. Several children were timid at first but quickly let down their guard to become totally engaged. Many of the children were so enthusiastic that they wished the session would have continued longer. Participants in both sessions were open and respectful of each other, showing empathy and concern, as well as offering ideas for future interactions.

This February 9 event in Waltham was the first time FFC had offered the empowerment session but from the very positive response by both children and parents, it is a program we plan to continue. 📸



Participants share their vision boards with Danielle Craig at the Empowerment Session in Waltham on February 9.

Meet FFC's Newest Board Member, Patrick Sviokla!



FFC is happy to introduce its newest board member, Patrick Sviokla. Born with a cleft lip and palate, Patrick met Dr. Mulliken when he was just two-days-old and he received all his medical care from the team at Children's. His parents were active in the Foundation in its early years. In fact, FFC board meetings took place at Patrick's childhood home for a time.

Patrick is excited to make connections within the FFC community. As a board member, he hopes to strengthen FFC's ability to provide education and emotional support to those who need it. "I think that one of the most unfortunate parts of dealing with cranio-facial issues is that it can be so

isolating. I was drawn to FFC because I want to help children and parents in our community feel included, understood, and valued."

Patrick is a graduate of Boston College, with a background in philosophy, linguistics, and English literature. He is currently studying for his doctorate in clinical psychology at William James College in Newton, Mass. Over the past three years, he has provided psychotherapy to children and adolescents. He has a special interest in working with children who struggle with anxiety, depression, and trauma-related disorders.

In his free time, Patrick enjoys hiking, camping, reading, jiu jitsu, and yoga. This summer, he will be a camp counselor at the inaugural Harbor Camp for children with facial differences. He hopes to continue to discover new ways to provide relevant education and services to those in our community. 📸



FOUNDATION FOR
Faces of Children

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Connect with FFC Online



Support FFC



The Foundation for Faces of Children is dedicated to improving the lives of children with craniofacial differences, including cleft lip, cleft palate, and other head and facial conditions.

Our mission is to:

- Provide patients and families with the most accurate, up-to-date, and accessible information about facial differences.
- Advocate for the best care possible for children with facial differences.

We achieve this by:

- Collaborating with leading specialists.
- Endorsing the team approach to care.
- Partnering with individuals and organizations with similar goals.

We are a not-for-profit organization entirely supported by private donations, grants, and fund-raising initiatives. Please contact us if you would like to participate in or sponsor a fundraising event.

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