

"Looking forward
to seeing you
all there!"

– Olivia Oppel,
2023 Walk Chair

THE FACING THE FUTURE



Sunday, September 24, 2023

Paces 
for Faces
HYBRID WALK ALONG

Please join us for the annual FFC Walk and Family Picnic on Lake Quannapowitt in Wakefield, Mass. on Sunday, September 24. The outside event will again take place on the Wakefield Commons under the big tent, rain or shine. We always have a great time.

Check-in begins at 11:30am and the Walk kicks off at 12:15pm followed by a BYO picnic. FFC will provide snacks! Fun kid-friendly activities will be available throughout the day along with our own shaved-ice truck for a real treat! The Walk consists of a 3-mile stroll around a beautiful lake. The family picnic is a great opportunity to meet new friends or reconnect with old ones while enjoying activities or over lunch.

Proceeds from this fundraiser help support the Foundation for Faces of Children's ongoing efforts to provide information and programming for children and families affected by craniofacial differences. Some of our programs include: the annual scholarship awards (totaling \$30,000 this year), parent support, production and distribution of helpful videos, educational workshops and seminars, and more. The Walk continues to be an excellent opportunity for families to network and make new friends. All are encouraged to register and bring their entire family for a day of fun and raising awareness.

Get Involved! Just follow these five steps to be part of FFC's 2023 Paces for Faces Walk

STEP 1: FORM A TEAM. Invite family, friends and co-workers to walk with you. The more, the merrier! Individual walkers are welcome, too!

STEP 2: SIGN UP. To register, visit p2p.onecause.com/pacesforfaces where you'll find a link to set up a fundraising page.

STEP 3: FUNDRAISE. Create a fundraising page for your team or as an individual. Once you create your team's page, it's easy to ask family and friends to support your efforts. You can email the link, share it on your Facebook page, or tweet it to all of your followers!

STEP 4: CHECK IN AND WALK. On Sunday, September 24, meet on the common by the First Parish Congregational Church at 1 Church St, Wakefield, Mass. We aren't allowed to use the church parking lot but free parking is available on the street. The Walk kicks off at 12:15. Or you may choose to walk, run or ride your own 5k at any point during the weekend. Make sure to tag @facesofchildren in your posts, and #PacesForFaces2023!

STEP 5: JOIN US for a BYO picnic and FFC-supplied snacks. Take part in kid-friendly activities. Or to benefit FFC buy a raffle ticket or participate in our silent auction. FFC merchandise will once again be available for purchase. For up-to-date information about the Walk, please visit facesofchildren.org/pacesforfaces.

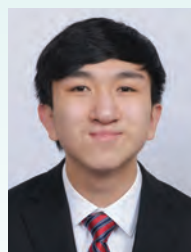


2023 FFC Scholarship Awards Program

FFC is proud to award scholarships to six very accomplished, talented and inspiring students. Selected from a field of 16 candidates, each is academically successful and talented in sports while also generously serving their communities. The review committee was amazed by the excellence and perseverance they embody and it's with great pleasure that we present these awards.

The Dr. John B. Mulliken Scholarship

Honoring Dr. Mulliken for his decades of expert care for our children this scholarship is awarded to those who demonstrate excellence in academic scholarship and leadership.



Eric Zhang graduated from Bedford High School. He has received numerous awards and recognition for his involvement with music, including the Ramon Rivera Contemporary Music Award, best overall in the URI Piano Extravaganza!, and first place in both the NEPTA Ruth Davidson Piano Competition in 2019, and the NEPTA Mildred Freiberg Piano Competition in 2022. He was

active in his school as the founder and president of the Coffee and Tea Club, served as co-president for the Asian American Club and received high honors throughout his four years. Eric will be attending Case Western Reserve University, in Cleveland, Ohio where he will be majoring in biology on a pre-med track. He hopes to one day be either a food scientist or a nutritionist.



Kamryn Berube graduated from Somerset-Berkley Regional High School with high honors and ranked first in her class. In 2022 she received the Harvard Book Award; the Bausch + Lomb Science Award from the University of Rochester; and the AP Biology Award. At her school Kamryn was active in Best Buddies, the Anti-Bully Coalition, and was a founding member of

Health Occupations Students of America club. She will be attending Northeastern University, in Boston where she will be majoring in Behavioral Neuroscience on a pre-med track as a member of their honors program. She plans to pursue a graduate degree and be matched into a neurology residency program. She also hopes to be working with local community outreach programs.

The Dorothy MacDonald Scholarship

Awarded to those pursuing a career in a health profession, this scholarship honors our own Dotty MacDonald who spent the bulk of her nursing career assisting Dr Mulliken in the care of our kids at BCH's Cleft and Craniofacial Center.



Amanda Erikson from Beverly, Mass. participated in the yearbook committee and was a member of the Student Advisory Leadership team at New Hope Courses for Homeschoolers. She was also active in the Spanish Honor society. She had numerous volunteer activities in her local community involving youth group leadership at her local church, where she helped to fundraise for mission trips, and volunteered at church

events. Amanda will be attending Southern Wesleyan University in South Carolina, where she will be majoring in pre-nursing. She hopes to one day attend graduate school, and work full-time as a nurse.



Matthew Loughlin graduated from Woburn Memorial High School where he was active in National Honor and National Business Honor societies. He was a member of the school's track and field team, Best Buddies club, DECA, and Club of Social Concerns. Matthew will be attending Saint Anselm College in Goffstown, NH, where he will major in nursing. He hopes to one day work at

Boston Children's Hospital as an emergency room nurse.

The Jane C. McDaid Memorial Scholarship

Awarded for strong community service, this scholarship honors the memory of the community-minded FFC president, Jane McDaid.



Grace Hart graduated from Whitinsville Christian School where she received many academic awards and graduated with high honors. She was a member of the National Honor Society, the JV Volleyball team and active in her school's theater department. Grace also worked on the school newspaper and served as a class officer. She volunteered regularly at her school and continues to

do so at her church. Grace will be attending Rhode Island College where she will be pursuing a dual degree in Youth Development and Dance. She hopes to one day be working as a child life specialist in a hospital.

The Barbara Seltzer Memorial Scholarship

Awarded to a young adult with cleft lip/palate who is active in the arts. This scholarship is named for the past president of Prescription Parents, a support group for parents of children with cleft lip/palate, and who was very active in the cleft community.



Elizabeth Huettig graduated from Lincoln Sudbury Regional High School where she was active in her school's music department in both chorus and orchestra. Elizabeth was a member of the volleyball and diving teams. She is a member of her local youth group and Girl Scout troop where she assists with various community service outreach missions. Elizabeth has received many awards, including the Harvard Book Award and

the Musicianship Award from Instrumentalist Magazine. She will be attending Oberlin College, in Ohio where she will pursue a dual degree in music and cognition. She hopes to one day be working in the medical field, either as a scientific researcher or as a children's hospital therapist. 🎵



Navigating through Medical and Dental Insurance with Craniofacial Conditions

by Monir Sakha, *Programs Coordinator, Foundation For Faces of Children*

Understanding medical and dental insurance programs can be one of the most challenging elements of managing craniofacial conditions. Including the prenatal diagnosis, the journey of craniofacial conditions can potentially start before infancy and continue through adulthood. So too does the management of insurance. In some cases, insurance coverages are clear and comprehensive. Yet in other cases, certain treatments, prosthetics therapies or even procedures are not covered entirely or even partially by the insurance. As an extension of the care team, providers' staff collaborate closely with families to do their best in working with the insurance companies so the family can focus on the care of their child. However, it is critical that every family becomes familiar with their insurance's policies and procedures. They might encounter such questions as: "Would every denial mean no coverage for a particular treatment?" or "Is there any room for negotiations with the insurance company?" "What eligibility criteria does MassHealth require and what is covered?" "How to manage ever-changing coverage provisions with insurance policies?" "Is out-of-state treatment covered?"

Foundation for Faces of Children continuously provides informational sessions on these topics. Last May, FFC invited four experts to present a webinar titled "Navigating Medical and Dental Insurance in Craniofacial Conditions."

The presenters spoke in-depth about various insurance options, including MassHealth — discussing topics ranging from benefits, prior authorizations to denials. The panel included:

Dana Edgerton, CLP & Craniofacial Coordinator from the Department of Dentistry at Boston Children's Hospital;

Christine Marifote, Practice & Financial Coordinator, CLP/ Craniofacial Team at BCH;

Stephanie Sabatino, Patient Billing Specialist from BCH Plastic and Oral Surgery Department; and

Melanie McLaughlin, Project Director at Mass Family Voices from Federation for Children with Special Needs.



The presenters shared with the families important about insurance:

- Learn about the plan's coverage and benefits, for everyone in the family and every stage of development, including pregnancy, infancy and childhood.
- Determine if the insurance is employer provided or self insured. Benefits offered are an important factor in choosing one policy over another.
- Understand the insurance plan and procedures as well as requirements for prior authorization, deductibles and out-of-network coverage.
- Different kinds of MassHealth, the eligibility – not limited to financial status- can provide additional coverage for eligible child
- Document all communications with insurance companies, particularly when there is a negotiation or debate involved.
- Work closely with the provider's office to resolve insurance-related issues.

The foundation is grateful for the presenters' time and dedication in helping our families. The webinar offered useful information and resources, as well as tips for navigating insurance.

Find answers to important questions by viewing the webinar on our website at:

<https://facesofchildren.org/navigating-insurance-in-clp-craniofacial-conditions-webinar/>



Why We Walk for FFC



Ashleigh Panagiotou said, “We walk for our daughter Caroline who was born with a cleft lip and palate. We first were introduced to the Foundation immediately after receiving her cleft diagnosis and it was invaluable to have a source of quality education and resources during a very difficult time.”



Ann-Marie Rogers wrote “For more than 20 years, my family has joined the annual Paces for Faces Walk. When we gathered for our first walk around Lake Quannapowitt, little did we know the event would become so important to us. We could never have imagined the many afternoons of fun we would have, and yes, the money we helped to raise when our family and friends came through for us, pledging their support for our son’s life journey (Daniel, pictured above with Dr. Mulliken). But even more than all of that, we could never have imagined the friendships we’d make — ones that have lasted more than 20 years.”

Caitlin Hughes’ family walks “...because FFC has created a community that gives us invaluable support. Brooklyn was born with a cleft lip which required her to undergo three surgeries by the time she was eight months old. The support and dedication we received from Dr. Mulliken and Mary Lou surpassed our expectations. While Brooklyn’s journey is not over, we are excited to continue to be part of the FFC community and support others who are embarking on a similar journey.”



Deborah Breslow shared, “My son was born with a rare, unpredictable and troublesome vascular condition requiring ongoing medical support and surgical intervention from various craniofacial teams. My involvement with FFC’s virtual parent support group has been invaluable. I am able to express my concerns and worries with other parents, particularly moms, who go to any length for their child’s physical and emotional well being. Every month, with honesty and conviction, we help each other by sharing our experiences.”



Monica Trivedi said, “Team Dhruv walks every year to support FFC and those who work to provide programs, awareness and services to the craniofacial community. FFC has been a

big support in our journey with Dhruv, who has received incredible care and treatment from Dr. Mulliken, Dotty, Dr. Maclean and countless nurses and staff — before and after surgeries. Our journey continues but we are lucky to be part of such a supportive community.”



FOUNDATION FOR
Faces of Children

258 Harvard Street, #367
Brookline, MA 02446
617-355-8299
info@facesofchildren.org
www.facesofchildren.org

Connect with FFC Online



FFC is always looking for new Board members. Please contact us if you're interested in serving.

The Foundation for Faces of Children (FFC) is dedicated to supporting the social, psychological/emotional, and educational needs of individuals, and their families, affected by craniofacial differences. We seek to improve the lives of children with craniofacial differences and inspire them to reach their full potential.

Our mission is to:

- Provide patients and families with the most accurate, up-to-date, and accessible information about facial differences.
- Advocate for the best care possible for children with facial differences.

We achieve this by:

- Collaborating with leading specialists.
- Endorsing the team approach to care.
- Partnering with individuals and organizations with similar goals.

We are a not-for-profit organization entirely supported by private donations, grants, and fund-raising initiatives. Please contact us if you would like to participate in or sponsor a fundraising event.

Board of Directors

John B. Mulliken, MD, *Co-Founder*

Ann-Marie Rogers, *Vice-President*
Alfred (Fred) C. Frawley, III, *Clerk*
Caitlin Hughes, *Treasurer*
Monir Sakha, *Programs Co-ordinator*

Ursula Costigan
Jennifer Dodwell
Ingrid Ganske, MD
Tara Greiner

Dorothy (Dotty) M. MacDonald, RN, BSN
Kerri Murray, PA
Olivia Oppel, RN